

ALARMED OVER HER CONDITION

Says She Was Never Clear of
a Cough, Either Winter or
Summer.

HAD HAD IT FOR YEARS

Lung-Vita Relieved Her After
Other Medicines Had Failed.

"I had had a cough for years, and though it would get better at times, I was never clear of a cough, either winter or summer," says Mrs. K. E. Wiles, who lives at 88 Murray street, South Nashville, Tenn., in her statement given several days ago. "I really became alarmed over my condition, for I had tried all sorts of remedies, but they did not help me at all. I finally tried Lung-Vita, and, to my surprise, the cough stopped and I am feeling well. I know that Lung-Vita is the best medicine for a cough made and would not be without it in my house."

For coughs or colds that other remedies have failed to relieve, you should try Lung-Vita. It will not disappoint you. Lung-Vita is sold by druggists and dealers.—(Adv.)

BIG EATERS GET KIDNEY TROUBLE

Take Salts at first sign of Bladder irritation or Backache.



The American men and women must guard constantly against kidney trouble, because we eat too much and all our food is rich. Our blood is filled with uric acid, which the kidneys strive to filter out; they weaken from overwork, become sluggish, the eliminative tissues clog and the result is kidney trouble, bladder weakness and a general decline in health.

When your kidneys feel like lumps of lead, your back hurts or the urine is cloudy, full of sediments, or you are obliged to seek relief two or three times during the night; if you suffer with sick headache or dizzy, nervous spells, acid stomach, or you have rheumatism when the weather is bad, get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush and stimulate clogged kidneys; to neutralize the acids in the urine so it no longer is a source of irritation, thus ending bladder disorders.

Jad Salts is inexpensive; cannot injure, makes a delightful effervescent lithia-water beverage, and belongs in every home, because nobody can make a mistake by having a good kidney flushing any time.—(Adv.)

THINK!
JOHNSON CITY, TENN.
CENTRALLY LOCATED, HOT & COLD WATER
ELEVATOR, SERVICE, STEAM HEAT,
RATES \$100 PER WEEK
THE WINDSOR HOTEL
Wm. E. Green, Prop.

AFTER EFFECTS OF MEASLES

Mother, Who Lives in Tennessee Mountains Where Black Draught Is Relied On in Many Troubles, Says It Made Her Boy Sound and Well.

Coal Creek, Tenn.—Up in the mountains, quite some distance from town, lives Mrs. U. S. Fritts, who relates her experience with Theodor's Black Draught as follows:

"My little boy, James, took sick with diarrhoea, about five years ago, and was badly swollen. He had the measles and this was no doubt, an after-effect. I made him well by giving him Theodor's Black Draught. I gave it to him three times a day for a month. I firmly believe it saved his life."

We always keep Black Draught in our house. It is our doctor. Always easy to get and prompt in giving relief.

A small pinch of Black Draught after each meal and at bed time for headache, stomach and liver trouble, and we are well the next morning.

It certainly works wonders sometimes and saves no end of trouble, relieves pain, and there is no need for another doctor.

I have recommended Black Draught to all my neighbors and will continue to recommend it.

Theodor's Black Draught is a pure, vegetable herb liver medicine, acting gently, yet promptly, on liver and bowels. Thousands of people, everywhere, have found it to relieve constipation, indigestion, biliousness and many similar disorders.

Try Black Draught. Your druggist sells it.—(Adv.)

FIFTY-FIRST CALLING FOR MORE VOLUNTEERS

Exceptional Opportunity for
Immediate Service and Specialized Work.

Lieut. Preston is now at the Army to receive applications for enlistments into the Fifty-first Infantry. Last week a call was made for 184 men to bring the Fifty-first Infantry up to war strength, and only a few have so far been enlisted. Lieut. Preston, whose hours at the Army are from 10 a. m. to 4 p. m., is now offering opportunities were offered men in this regiment. He said that the men who were subject to draft, if they waited until called out, were on the waiting list for months before they were fitted into the place for which they are best qualified. Not so with those enlisting under special orders. They will be sent direct to the unit of service for which they are best prepared. The call is for men who have the following trades: Clerical workers, stenographers, cooks, chauffeurs, stock-keepers, accountants, postal clerks, horseholders, mechanics, band musicians (an extra good opportunity for a clarinetist), leather workers, electric wiremen, typists (rapid promotion for those speaking French or German), barbers, laborers, mine foremen, cobblers, cabinet makers, cobblers, tailors, wheelwrights and gun repairers.

Lieut. Preston said that while he would be glad to receive men to make up his regiment to full strength, he will receive enlistments for any other special unit for which one might apply.

From 7 p. m. to 9 p. m. Capt. Watson and other officers will be at the Army to receive enlistments each night this week. Those who enlisted last night have been inducted into service are: Thomas McDaniel, to Fifty-first Infantry; Webb Tatum, supply company; Fifty-first Infantry; W. C. Bradlock, telephone section, signal corps, headquarters company; Joseph S. Mullins, Fifty-first Infantry.

Those who wish to enlist may do so at any time this week, and they will be granted a ten days' leave of absence, if they want it, to attend to any business or visit with home before leaving. Lieut. Preston said.

NEW ECONOMY AT CAMP GREENLEAF

Examine Doctors Mentally Before Incurring Other Expenses—Greenleaf Notes.

A new entrance system will obtain for new medical officers entering Camp Greenleaf. Hitherto, the incoming officer was rushed into quarantine and vaccinated, then later he was given his physical and mental examinations. This is to be reversed. Incoming officers will first be given a professional examination. If they fail in this they will be discharged summarily and thus the government will save the expense of unnecessary maintenance. The new procedure begins at once.

Surgery was Tuesday's topic of examinations for the national board of medical examiners now being held at Camp Greenleaf. Lieut.-Col. E. M. Talbot has been relieved of command of the student officers' battalion at Camp Greenleaf. The whole student body has been reorganized as a medical training group and Lieut.-Col. J. C. Gregory has been placed in command to supersede Col. Talbot.

INTEREST AROUSED IN CANTEEN SERVICE

Women's Service League Indorses Movement for Serving Entrained Soldiers.

Mrs. D. F. Beckham presented the subject of canteen service before the National League of Women's Service Tuesday in a way which appealed very strongly to the body of women, but it was said that the matter had to go through the Red Cross and again that the Junior League was contemplating such work. It was therefore moved and carried that the league co-operate with the organization, known as the "Junior League," in having canteen service for the entrained men going through Chattanooga. Mrs. Beckham stated that she had consulted with several officials who had said that the regulars did not need this service, as they had a rolling kitchen on their train, but that the drafted army did need it. However, as a booster of the Red Cross, she considered that some attention would be well-placed with any troops. The fact that Nashville, Knoxville and

TURN HAIR DARK WITH SAGE TEA

Grandma kept her locks dark, glossy and youthful with a simple mixture of Sage Tea and Sulphur.

The old-time mixture of Sage Tea and Sulphur for darkening gray, streaked and faded hair is grandmother's recipe, and folks are again using it to keep their hair a good, even color, which is quite sensible, as we are living in an age when a youthful appearance is of the greatest advantage. Nowadays, though, we don't have the troublesome task of gathering the sage and the mussy mixing at home. All drug stores sell the ready-to-use product, improved by the addition of other ingredients, called "Wyeth's Sage and Sulphur Compound." It is very popular because nobody can discover it has been applied. Simply moisten your comb or a soft brush with it and draw this through your hair, taking one small strand at a time; by morning the gray hair disappears, but what delights the ladies with Wyeth's Sage and Sulphur Compound is that, besides beautifully darkening the hair after a few applications, it also produces that soft lustre and appearance of abundance which is so attractive. This ready-to-use preparation is a delightful toilet requisite for those who desire a more youthful appearance. It is not intended for the cure, mitigation or prevention of disease.—(Adv.)

Cleveland gives canteen service was brought out. Mrs. Loring Clark said that when she returned from Nashville, upon leaving her coach she noticed three coaches of soldiers had been attached to the train, and no more lonely a sight could be seen than those boys with their heads stuck half way out of the window, with no one to speak to, no kindly word of recognition of the fact that they were going to war, and no little to be seen under the roof of the station.

It was reported that the comedy, "The Old Maid's Convention," was given by members of the benefit association at Miller Bros. at Fort Oglethorpe, under the auspices of the service league, and was considered a decided success.

It was made to Mrs. D. P. Montgomery, president of the league, to present the little Chinese play that had been given at the Central High school recently, and Mrs. Earl Cook was appointed a committee of one to look into securing a place and other details. Mrs. M. M. Allison announced the mass meeting of women for Friday evening, April 12, at 8 p. m., at the home of Mrs. Allison, who are in conference 1-2 this week, and urged all club women to attend. An excellent report was made of the hospital work done at Fort Oglethorpe.

PLANS TO ENTERTAIN VISITING HOTEL MEN

Local Association Discusses
Wheatless Menus, Which Become Effective April 14.

Plans of entertainment have been completed by the Chattanooga Hotel and Restaurant association for the visiting hotel men who will assemble here April 15 for the purpose of organizing a state hotel association. The committee on entertainment submitted the following program: Tuesday, 1 p. m. luncheon; 2 p. m. address of welcome, Mayor Littlejohn; 4 p. m. trip to Lookout mountain; 8 p. m. dinner at the Patten by Houston Harpner. Wednesday, 9 a. m. a trip to Chickamauga park; 1:30 p. m. luncheon at Signal Inn by C. E. James.

The business hour will be between 1 and 2 o'clock on Tuesday, the first day of the meeting. Fifty guests are expected to attend the meeting and the local hotel men will entertain them.

The hotel association met Tuesday in regular order at the home of the Read House. Substitute for wheat and wheat products received much discussion. J. B. Rector had on exhibit some pies made without any wheat, which were all praised. The association is working out new menus of substitutes to be served after April 14, the day when all wheat and wheat products are to be discontinued indefinitely.

The association adjourned to meet Monday at 2 o'clock, previous to the meeting of the state hotel association, and complete final plans.

MEMBERS TANK UNIT RECEIVE PROMOTIONS

Several Made Noncommissioned Officers—Expect to Leave in Near Future.

Several Chattanooga members of the tank battalion recently organized here, have received their promotions. Seventeen were made sergeants and ten promoted to corporals. This was by order of Capt. Campbell, commander of the company.

Following are those who received promotions: First Sergeant—John C. Reed. Sergeants—Albert Summers, Arch Williamson, Tom Ryan, E. B. Fricks, W. J. Waldron, J. R. Jarnagin, D. L. Kennedy, H. D. Lawson, T. F. Roberts, J. J. Harris, G. H. Atkey, Paul Davis, C. B. Finney, C. H. Beard, E. Arlington, J. R. Hooton and J. H. Enwright.

Corporals—J. M. Hill, company clerk; J. W. Hart, D. E. Johnson, C. H. Miller, L. C. Winters, H. W. LeVan, M. J. Saez, J. B. Faecker, W. A. Sullivan and J. B. Shinn.

Cooks—C. B. Tillman, E. D. Kirkland, A. P. Neal, F. A. Scroggs and E. S. Dunbar.

Student Cooks—J. D. Byers, J. R. Hixson, W. M. Wood and R. G. McLean.

UNITED MOTOR CAR CO. BUYS BEARD MOTOR CO.

Secures Agency for "Sayers Six"—Making Over Beard Garage Building.

The United Motor Car company, recently organized by J. T. Giles, William Vaughn and others, has purchased the Beard Motor Car company, located at the corner of West Seventh and Chestnut streets, and is now overhauling the garage. The storage of automobiles will be continued as heretofore. Mr. Vaughn will be the directing head of the new company.

The United Motor Car company has closed a contract with the Sayers & Scovell company, of Cincinnati, to handle their automobiles, called the "Sayers Six." The Sayers & Scovell company has a national reputation as builders of fine motor vehicles, such as hearses, ambulances, limousines, etc. The Sayers Six five-passenger touring car and club roadster, which they have been sending out for the past few years, are said to be specimens of the finest pieces of workmanship yet placed on the market, and will, no doubt, make a hit in this section. Several new cars have been purchased and will arrive in this city very soon. There is also a repair shop in connection with the garage, with skilled mechanics in charge. The new company will also handle automobile supplies. The garage will be open day and night as heretofore.

"EAT 'EM UP" SPICY BATTLE CRY SHOUTED BY AMERICANS

"Eat 'em up," the war cry shouted by the American troops in France, was pronounced by army psychologists today to be superior to the "They shall not pass" of the allies and capable of inspiring the soldiers to more successful fighting. "Forward with God!" used by the Germans, was said not to be original with them, but to have been the war cry of the Polish centuries ago, while the Germans' battle about puts in the spirits of the fighters an elan that makes their combat have as its supreme aim to achieve.

BENN MESSENGER SERVICE

Main 561 or Main 444.
Prompt and efficient service, 7 a. m. to 8 p. m. daily except Saturday, 7 a. m. to 8 p. m. Sunday we close at 2 p. m.—(Adv.)

MAY BUILD AUDITORIUM EIGHTH AND CHESTNUT

Commissioners Vote to Accept
James' Plan—Buy in Five Years.

Chattanooga is to have an auditorium. The building is to cost \$40,000, and will provide accommodations for entertainments, recreation and gymnastics.

Tuesday the board of city commissioners accepted C. E. James' offer of a lot at the corner of Eighth and Chestnut streets for the location and pledged themselves to appropriate \$25,000 toward the building of such an auditorium.

For some time there had been secret conferences held to determine upon a location and the kind of building most advisable to construct. Commissioner Herron strongly favored the location on the city ground, just north of the municipal building lot. C. E. James submitted his offer, however, giving to the city the lot on Eighth and Chestnut for the period of five years. He proposed to build one of the four walls, and after the building has stood five years, the city commissioners are to appoint an appraisal committee to place a value on the property and to give or take the amount decided upon by the committee. The board of commissioners thought this was a fair offer and accepted C. E. James' offer. City attorney Frank Carden to draw up papers of contract to that effect.

Will Seat 3,500.

The auditorium will be built to seat 3,500 people, with all necessary facilities. The structure will be two stories high, with the main auditorium on second floor, with gymnasium, rest rooms, kitchens, and game tables in the basement.

In the agreement of acceptance of this site, the city is to pay the taxes for the five years.

The government field representative of soldiers' activities, Ed Brown, who was here a few days ago, could not assure the commission that any definite amount would be appropriated by the government. He said he believed, however, that he would be able to secure the balance needed in donations from local business men.

Several plans of the anticipated building were placed before the commissioners by local architects, but no action was taken, as it can not yet be ascertained how much money can be secured.

It is believed that all information needed will be furnished by Mr. Brown, the field representative, at the next meeting of the commissioners.

RECONSTRUCTION HOSPITAL FOR FORT

No Disabled Soldiers to Be Discharged—Several Such Hospitals to Be Established.

Major-Gen. William C. Gorgas, surgeon-general of the army, has approved recommendations for hospitals for the reconstruction of disabled American soldiers. With several others named appears No. 14, at Fort Oglethorpe.

From time to time other hospitals for reconstruction will be added to those already named. Individual hospitals from this group and from those subsequently added will be equipped with staffs, either throughout or as to one or more wards, for special work in cardiovascular diseases, tuberculosis, neurological and other head surgery cases; orthopedic, amputations, insane cases, war neuroses (and other neurological cases); blind, deaf and speech defect cases, general medicine, general surgery and other specialties to be added. To which hospitals cases in each of these specialties will be assigned has not been determined except that insane cases will be cared for at general hospital No. 4, Fort Porter, N. Y., and special provisions made for amputation work at Walter Reed and Letterman hospitals.

In addition to the provisions of staff and equipment for the treatment of disabled soldiers there will be provisions at each hospital, in accordance with the best known practice for functional restoration and mental rehabilitation. The following is the statement of policy recommended by the surgeon-general:

"That hereafter no member of the military service disabled in line of duty, even though not expected to return to duty, will be discharged from service until he has attained complete recovery or as complete recovery as it is to be expected that he will attain from the nature of his disability is considered. The inauguration of this continued treatment will result, during the period of the war, in the saving to the service of a large number of efficient officers and soldiers who without it would never become able to perform duty."

"Physical reconstruction may be defined as the completed form of medical and surgical treatment carried to the point where maximum functional restoration, mental and physical, has been secured. To secure this result the use of work, manual and mental, will be required during the convalescent period. This therapeutic measure, in addition to adding greatly in shortening the convalescent period, retains or arouses mental activities, preventing 'hospitalization,' and enables the patient to be returned to service or civil life with the full realization that he can work in his handicapped state, and with habits of industry much encouraged, if not firmly formed."

At each hospital where reconstruction work is carried on there will be a special "educational" officer, whose functions are thus indicated in the approved recommendations: "The duties of this officer are to arrange for and supervise the nature of the necessary records of work done in his department, and to have immediate charge of any special training of vocational nature which can be given with the means at hand. These officers are to be obtained from the ranks of teachers, vocational instructors and others especially qualified and will be selected for their training, experience and better fitness for the work. Where it is possible to get a man who is himself handicapped by some physical disability and who has made a success in life, it is to be secured."

As a result of a survey made by the surgeon-general's office of men already undergoing reconstruction treatment in this country it is expected that enlisted men who have completed their treatment and retraining, but who are unqualified for further field service, will be found worthy of commission and well fitted for the work outlined in the two preceding paragraphs. No increase in the number of enlisted men in the medical department is anticipated for this work, the expectation being that patients, or former patients, will be used. "Reconstruction aides," consisting of women trained in special features of reconstruction work, and enlisted men are being provided. There are two classes of these; the first are teachers of simple occupations to men who must remain in bed or in wheel chairs for long periods, but who are not acutely ill and whose minds are active; the other class are especially trained in massage work. In this connection the approved recommendations say:

"By the employment of educational officers and reconstruction aides it is expected to develop to the highest point the therapeutic work, and it is expected not only to hasten the recovery of the patients, but that an environment will be created in military hospitals which, while in no way relaxing the necessary discipline, will greatly promote contentment and make the atmosphere of these hospitals such that the trust and confidence of the patients will pass most pleasantly because the minds and hands of the patients are properly occupied in profitable pursuits."

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Conserve food by using Sauer's Extracts in your left-overs, such as Rice, Stale Bread, etc., which can be made into palatable puddings, desserts, etc.

Sauer's Pure Flavoring Extracts Have Won
Seventeen Highest Awards and Medals for Purity,
Strength and Fine Flavor.

Largest Selling Brand in the United States.

Thirty-two distinct flavors that will please you—Vanilla, Lemon, Strawberry, Orange, Raspberry, Almond, Peach, etc. other. Price, 15c, 25c, 35c, 50c and \$1.00 packages. other. Price 15c, 35c, 50c and \$1.00 packages.

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ground cocoa beans
with the surplus co-
coa butter removed
—and nothing added.

That's
Lowney's Cocoa.

At grocers, in flavor tight tins, 10c to 50c sizes

—for instance
this war time dessert
is sweetened
largely by the
preserves you put up
last summer

Key West, Fla.—"For five years I suffered from irregularities, with terrible pains and an awful weakness in my back. The doctor gave me different medicines but they did me no good. A friend asked me to try Lydia E. Pinkham's Vegetable Compound and I found it to be the best medicine I ever tried because I made me well, and I can now do my housework. I am telling my friends about it."—Mrs. J. M. CAMUS, 728 Caroline St., Key West, Florida.

Many women at some period in their life suffer from ailments peculiar to their sex and which in many cases may be readily relieved by this famous root and herb medicine, Lydia E. Pinkham's Vegetable Compound, just as Mrs. Camus found it helped her after suffering for years and trying everything else in vain.

If you have any annoying symptoms you fail to understand, write Lydia E. Pinkham, Medford, Lynn, Mass. The results of their 40 years experience in advising women on this subject is at your service.

SUGAR is a vital part of our daily food. Knowing that thousands of women were putting up sweet preserves last summer, Mrs. Knox felt that if she could devise ways of using that "preserve" sugar in connection with other foods, she would be of service not only to the economical housewife but to the nation as well.

The above suggestion is only one of the war-time recipes contained in her new book, "Food Economy." There are 137 more. You should have this book. A post card request will bring it to you free if you mention your dealer's name and address.

CHARLES B. KNOX GELATINE CO., Inc.
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FOOD ECONOMY